

## Oatmeal Rinse



### Ingredients

Oatmeal or rolled oats will do

A stocking sock or small muslin bag

Luke warm water bath

### Method

Step 1: Place 2 tablespoons of oatmeal into the stocking sock or muslin bag

Step 2: Run stocking sock or bag through the lukewarm water bath until the water becomes milky

Step 3: Place dog in bath and soak dog in oatmeal water. You can use the stocking sock or bag to sponge the dog.

Step 4: Leave on dog for 3-5 minutes- as long as dog will tolerate standing in the bath.

Step 5: Rinse off with warm water.

As a qualified Animal Naturopath and Muscle therapist I have found that natural remedies, certain dietary vitamin supplements and herbal products can help your pet with their allergies and many other health issues. Contact me at K9 SWiM to discuss your dog's best natural health solutions.

Sharon Osmond